



Personal Information Sheets

If you are concerned that an emergency regarding your child's mental health is possible, it is better to be prepared. That way, if you find yourself and your child in a mental health emergency, you will be empowered to respond.

We recommend you fill out the information in these Personal Information Sheets, print them, and save them in a convenient place. That way, if you have an emergency and go to a hospital, you can share this helpful information with emergency officials.

Crisis/Emergency Services

Medical Information

Family Doctor

Psychiatrist

Psychologist

Pediatrician

Other

Other

Other

Individual Information Sheet

Personal Information

Person's Name

Date Completed

Address

Phone

Health Card Number

Able to provide consent Yes No Unknown

Sub-Decision Maker Yes No

Guardian Name(s)

Phone

Psychiatric Information

Case Manager Name

Phone

Agency

Primary Contact

Phone

Psychiatrist Name

Phone

Agency

Psychiatric Diagnosis

Medical Information

Family Doctor Name

Phone

Address

Medical Diagnosis

Other Relevant Medical Information

Individual Information Sheet

Medications

Pharmacy _____

Phone _____

Medication Name	Dosage	Time	Prescribing Doctor	Target Symptoms

Other Relevant Medication Information (eg. allergies)

Individual Information Sheet

Behaviour Information

Please include relevant behaviour information, including pertinent safety cautions, necessary for providing appropriate care to this person.

Important Safety Information

Behaviour Triggers

Behaviour Strategies

Current and Effective Strategies		
Behaviours	Intervention	Expected Outcome

Known Ineffective Strategies		
Behaviours	Intervention	Expected Outcome